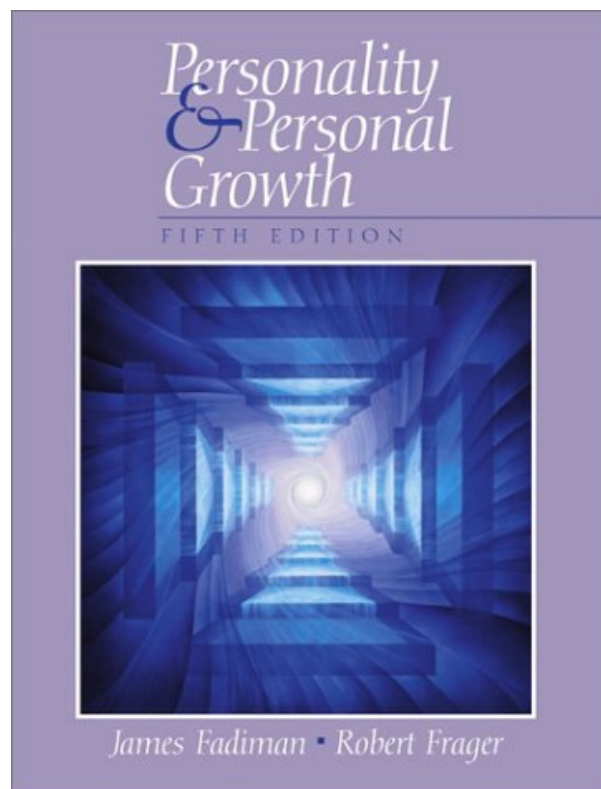


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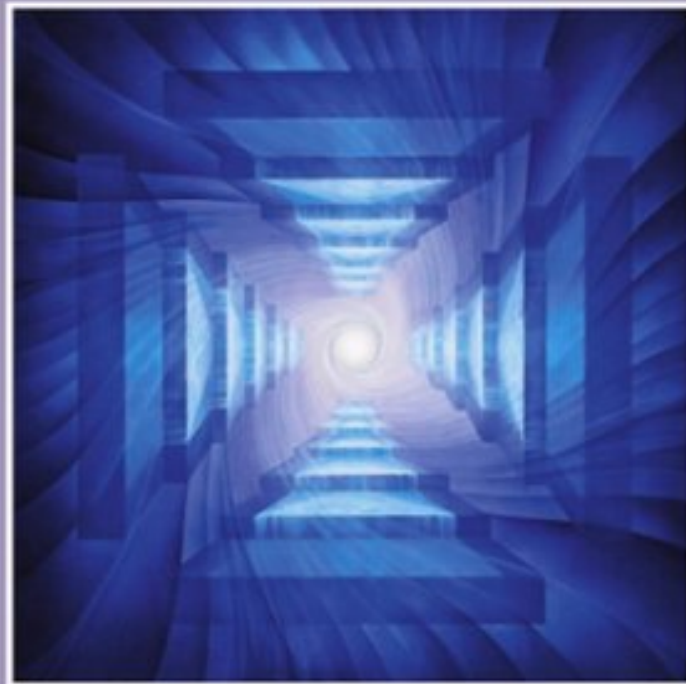


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From the Back Cover

Unique in its cross-cultural, global, and gender-balanced perspectives, this humanistic text by James Fadiman and Robert Frager once again explores the positive aspects of major personality theorists, stressing each one's relevance for personal understanding.

Features within each chapter include Internet references, relevant quotes, full biographies, and Personal Reflection boxes that encourage students to apply the theories and concepts they are learning to their own lives.

About the Author

James Fadiman received his Ph.D. in psychology from Stanford University and has taught at San Francisco State University, Brandeis University, and Stanford. He has his own consulting firm and offers seminars to executives and educators in the United States and abroad. He has written or edited books on holistic health, goalsetting, and abnormal psychology, is an editor for two journals, and sits on the board of several corporations concerned with the preservation of natural resources.

Robert Frager received his Ph.D. in social psychology from Harvard University, where he was a teaching assistant to Erik Erikson. He has taught psychology at ITC Berkeley and UC Santa Cruz and is the founder and first president of the Institute for Transpersonal Psychology. He is also past president of the Association for Transpersonal Psychology. Author of several books and numerous articles in psychology and related fields, he is currently director of the spiritual-guidance program at the Institute of Transpersonal Psychology in Palo Alto, California.

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Once again we have made changes to improve the readability of the book, make it useful and more current, without losing the emphasis that we have maintained since the first edition. We present students with a book that encourages and supports them in using themselves as the primary touchstone for each theory. Each chapter gives them opportunities to validate their insights through direct experience and, by observing their own reactions, come to their own conclusions about the utility and value of each theory.

Each chapter still focuses on the strong aspects of the theory and the reasons why it is still in wide use, rather than its limitations. We intend that students be able to test and retest the validity or utility of these theories against their own life experience and common sense.

We also know that most of the students who use this text will not go on to do graduate work or become professional psychologists. Those that do have told us that this book served them well as a reference in their further training, while those who do not go on tell us that their understanding of the issues raised here have enriched their lives.

For teachers and authors, it doesn't get much better than that.

While expert proponents of each theory have been able to point us to areas where their theory has been successfully applied, all of them acknowledge that the research about their theory, while valuable and exciting, is not definitive enough to allow them to say that an opposing viewpoint could not be valid. Thus we have included research data only when it clarifies the theory under discussion.

We wish that we could have included additional theorists whose work has moved the field forward, but for reasons of space and our inclusion of areas beyond the scope of many other texts, we could not. We have, however, included in our teaching guide several minichapters on theories and theorists not included here (sent to us by brilliant teachers whose expertise exceeded our own). Instructors can copy and distribute them in classes as they choose.

New to the Fifth Edition

We have to tell you the truth. Very few of the theorists in this book have written original material since our last edition. Therefore, we took this occasion to look at the text itself. We went through every line of every chapter asking two questions:

The Teacher Guide Instructors, make sure you have one. Berate our publisher if you don't. We have added a new minichapter on the Kaballah (the Jewish mystical tradition) and clarified the minichapter on the Native American tradition. We have added new class and homework exercises to a number of chapters and, as we did with the text, edited it throughout. It has the usual wide range of exam questions and the like, but most of the guide is filled with ways to allow you to more easily teach each chapter, as we do not expect every instructor to know such a wide range of theorists equally well. We remain open to your inputs, your criticisms, and your suggestions. We thank our reviewers whose suggestions and corrections strengthened major portions of the text. These reviewers are Beverly J. Goodwin, Ph.D.-Indiana University of Pennsylvania, Myron M. Arons, Ph.D.-State University of West Georgia, and John Robertson, Ph.D.-...

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2 chapters are not current to the latest addition.

By Jojo

This book was for my Psych Class.. Here's the deal. Most chapters are included in this book. You have to search for the title not by the # for this reason for you assignments. Some chapters are totally different so you will need access to your college campus library to go to the reserve desk and check out your book for a couple hours for those days. It was worth the savings for me. I think only 2 chapters so far were different or not included. I have an A in my class. So there you go!7 of 7 people found the following review helpful.

Personailty and personal growth

By Elaine J. Copeland

This text is organized in a way that allows the reader to examine each personality theory in the context in which the theorist lived. The authors provide a historical context and present the antecedents that helped to shape each theorist's own personal growth. Students began to understand how and why psychological theory was shaped during a particular period in history and the disciplines that provide the framework of theory development. Each theorist is presented as a person whose life and experiences contributed to their subjective and objective methods used in the development of their paarticular theory. The reader is encouraged to critcal evaluate the theory and the theorists within an historical context. and to engage in self examination as well. It is an excelent text for students who are beginning to study theorys of personality.0 of 0 people found the following review helpful.

Wonderful textbook

By SS

Great textbook on personalities, easy to read and understand. Would recommend this to any student for a second source on APA-required citing.See all 5 customer reviews...

The Teacher Guide Instructors, make sure you have one. Berate our publisher if you don't. We have added a new minichapter on the Kaballah (the Jewish mystical tradition) and clarified the minichapter on the Native American tradition. We have added new class and homework exercises to a number of chapters and, as we did with the text, edited it throughout. It has the usual wide range of exam questions and the like, but most of the guide is filled with ways to allow you to more easily teach each chapter, as we do not expect every instructor to know such a wide range of theorists equally well. We remain open to your inputs, your criticisms, and your suggestions. We thank our reviewers whose suggestions and corrections strengthened major portions of the text. These reviewers are Beverly J. Goodwin, Ph.D.-Indiana University of Pennsylvania, Myron M. Arons, Ph.D.-State University of West Georgia, and John Robertson, Ph.D.-...

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